Bizzie Lizzie

Promoting health and hygiene

Nappy changing

Safeguarding and Welfare Requirements

- a unique child
- positive relationships
- enabling environments
- Children develop and learn in different ways and at different rates

(ECM Be Healthy, Stay Safe)

Providers must take all necessary steps to keep children safe and well.’

Statement of intent

At Bizzie Lizzies’s Nursery we believe that all children should be protected from harm and that Every Child Matters. Our nursery wants to work with children, parents and the community to ensure the safety of children and to give them the very best start in life.

’Children learn best when they are healthy, safe and secure, when their individual needs are met and when they have positive relationships with the adults caring for them. The safeguarding and welfare requirements... are designed to help providers create high quality settings which are welcoming, safe and stimulating, and where children are able to enjoy learning and grow in confidence.’

Policy statement

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Amended September 2017.
Procedures

- The children’s nappies are changed at regular intervals during the day i.e. 10.00am, 12.00 noon, 2.30 and 4.30.
- Children are changed before they go to bed and re checked after their sleep
- Staff are vigilant in checking for dirty nappies and these are changed immediately!!
- Young children from two years are encouraged to participate in potty training but each child is treated as an individual and allowed to develop at his or her own pace, there is never any pressure placed on a child to use a potty.
- Key persons undertake changing young children in their key groups; back up key persons change them if the key person is absent.
- The changing area is warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag/box to hand with their nappies, wipes and any necessary cream. Information about application of creams is discussed with parents/carers during the settling in process, for example are parents happy for us to use the Sudocrem we provide or would they like to provide their own. Cream is applied if staff consider it necessary.
- Gloves and aprons are put on before changing starts and the areas are prepared. Paper towel is put down on the changing mat freshly for each child.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies. In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Anti-bacterial hand wash liquid or soap should not be used for young children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about ‘nappy contents’.
- Key persons do not make inappropriate comments about young children’s genitals when changing their nappies
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies are disposed of hygienically. Any soil (faeces) in nappies is flushed down the toilet and the nappy is bagged and put in the bin. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for the parent to take home.

NB If young children are left in wet or soiled nappies in the setting this may constitute neglect and will be a disciplinary matter. Settings have a ‘duty of care’ towards children’s personal need.

Amended September 2017.
Each nappy change, or change of clothes, is noted in the “nappy log” and for the babies, in their daily diary. The member of staff records and initials the event, including any issue or problem, such as nappy rash, application of cream, etc etc. The daily diaries are sent home with the babies and the daily diary is kept confidentially at Bizzie Lizzie’s

Bizzie Lizzie’s Personal care
Bizzie Lizzie’s is committed to ensuring that all staff responsible for the intimate care of children and young people will undertake their duties in a professional manner at all times. We recognise that there is a need to treat all children with respect when intimate care is given. No child should be attended to in a way that causes distress or pain.

The child’s welfare and dignity is of paramount importance.

Every child’s right to privacy will be respected.

Parents and carers views will be sought and listened to with regard to every part of the full policy.

Amended September 2017.